Cyber Resilience: Fakten und Mythen

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What is resilience about?

Resilience is

- the **capacity** of a system, entity, or individual
- to **recover** quickly and effectively
- from **difficulties** or adverse conditions.
- It's the ability to withstand, adapt to, and bounce back from stressors or disruptive events.

In essence, resilience is about enduring and thriving, and not just surviving.

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Cyber Resilience: FACTS 💡

01

Resilience is Key

Cyber Resilience: MYTHS

01

We are too small to be targeted

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Cyber Resilience: FACTS

01

Resilience is Key

02

Ongoing effort

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Cyber Resilience: MYTHS

01

We are too small to be targeted

02

Technology can solve everything

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Cyber Resilience: FACTS

01

Resilience is Key

02

Ongoing effort

03

Regulatory requirements will increase

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Cyber Resilience: MYTHS

01

We are too small to be targeted

02

Technology can solve everything

03

Compliance equals security

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Cyber Resilience: FACTS

01	02	03	04
Resilience is Key	**Ongoing effort**	**Regulatory requirements will increase**	**Inevitability of breaches**

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Cyber Resilience: MYTHS

01
We are too small to be targeted

02
Technology can solve everything

03
Compliance equals security

04
We are protected: We have antivirus and a firewall

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Cyber Resilience: FACTS

01

Resilience is Key

02

Ongoing effort

03

Regulatory requirements will increase

04

Inevitability of breaches

05

Breaches are pandemic in nature

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Cyber Resilience: MYTHS

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We are protected: We have antivirus and a firewall

05

Data Breach equals failure

Cyber Resilience: Fakten und Mythen

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